

GREEK ATHLETIC THERAPY ASSOCIATION (GATA)



GATA FIRST AID QUALIFICATION POLICY

JANUARY 2026
V1.0

Table of Contents

1. Introduction	2
2. Recognised qualifications.....	2
A. Pre-Hospital or Trauma Care qualifications	2
B. First Aid Qualifications	2
3. Accessing qualifications	3
A. Students in GATA-accredited programmes.....	3
B. Independent arrangements.....	3
4. Registration requirements	3
A. First-time registration	3
B. Registration renewal	4
5. Applicants without a recognised qualification	4
6. Ongoing responsibilities	4

First Aid Qualification Policy

1. Introduction

This policy outlines the requirements for members of the Greek Athletic Therapy Association (GATA) to obtain and maintain a valid First Aid and Emergency Care qualification. These requirements apply to both new applicants and renewing members.

GATA requires that all qualifications be obtained through in-person courses to ensure practical competency. Online-only training is not acceptable.

2. Recognised qualifications

A. Pre-Hospital or Trauma Care qualifications

GATA accepts pre-hospital or trauma care certifications that:

- i. Meet the standards of the European Resuscitation Council (ERC) or other recognised international authorities;
- ii. Are aligned with the International Liaison Committee on Resuscitation (ILCOR) recommendations;
- iii. Are accredited by a national qualifications body, a professional medical or sports organisation, or a recognised educational institution;
- iv. Include face-to-face training in emergency trauma management, basic airway management, spinal precautions, and other essential pre-hospital care skills.

B. First Aid Qualifications

The minimum standard for GATA registration is an in-person Emergency First Aid and Basic Life Support (BLS) course that meets all of the following:

- i. Duration of at least 6 hours (1 full day);
- ii. Covers CPR, AED use, airway obstruction, bleeding control, and emergency response basics;
- iii. Delivered by a training provider accredited by:
 - a. A national regulator (e.g., EOPPEP in Greece, Ofqual in the UK);

- b. An internationally recognised voluntary aid society or professional health body;
- c. A university or licensed vocational institution;
- d. Or conforms to standards set by ERC, AHA, or ILCOR.

3. Accessing qualifications

A. Students in GATA-accredited programmes

Students enrolled in programmes accredited by GATA must be offered the opportunity to complete an approved in-person Emergency First Aid and BLS qualification during their course of study, as per the GATA Educational Framework.

B. Independent arrangements

Graduates and professionals seeking registration or renewal must make their own arrangements to obtain a recognised qualification, unless such training is provided by their employer or academic institution. GATA does not endorse specific training providers but maintains a guidance list of accepted types of accreditation as per 2A and 2B sections in this document.

4. Registration requirements

A. First-time registration

Applicants must submit:

- A valid certificate of completion for a recognised in-person First Aid and Emergency Care qualification;
- If applicable, documentation of additional trauma care training or pitch-side emergency care certification;
- If the qualification has expired, evidence of past completion is still required, and a current First Aid certificate must be held at the time of registration.

B. Registration renewal

Members must maintain an active First Aid and BLS certification. Those in pitch-side roles or environments where trauma is likely are strongly encouraged to obtain advanced trauma care training appropriate to their setting.

If the member's employer (e.g. hospital, clinic, sports club) conducts mandatory internal First Aid training, this may be accepted if:

- The training is in-person and meets the minimum core content listed above;
- The employer is able to provide formal proof of completion.

5. Applicants without a recognised qualification

If a registrant does not currently hold an acceptable certificate:

- GATA may issue temporary registration, subject to a fixed deadline for obtaining the required qualification;
- Failure to comply within the set timeframe will result in suspension or removal from the registry;
- No refunds will be issued in such cases.

6. Ongoing responsibilities

All GATA Members are responsible for:

- Ensuring their certification remains valid and compliant with GATA's standards;
- Seeking more advanced training where the professional role requires it;
- Maintaining personal records and supplying documentation upon request.



CONTACT DETAILS

Website www.athletictherapy.org.gr
E-mail info@athletictherapy.org.gr
Address 19 Fragkon street
Thessaloniki, 546 25
Greece



facebook.com/gata.greece



linkedin.com/company/gata-gr



instagram.com/gata_gr